

				Scoring for Individual Techniques
Student:				5 = Demonstrated Perfect Technique, with Proper Emotional Content, without Hesitation
				4 = Demonstrated Acceptable Technique without Hesitation
Guro:				3 = Demonstrated Acceptable Technique but Hesitated
				2 = Demonstrated Basic Technique, but Really Needs Seasoning
Date:				1 = Demonstrated Technique, but Only After Being Shown
				0 = You have failed as a student and/or we have failed as instructors
Defensor Method Level 1C Test				
Skill / Concept		Score	Comments	
Single Stick				
	Blocks, 1-5, Inside & Outside, w/ Figure 8 Counters			
	Angle 1 – Inside			
	Angle 1 – Outside			
	Angle 2 – Inside			
	Angle 2 – Outside			
	Angle 3 – Inside			
	Angle 3 – Outside			
	Angle 4 – Inside			
	Angle 4 – Outside			
	Angle 5 – Inside			
	Angle 5 – Outside			
	Basic Disarms for angles 1-5			
	Snake – Angle 1			
	Snake – Angle 2			
	Snake – Angle 3			
	Snake – Angle 4			
	Snake – Angle 5			
	Strip – Angle 1			
	Strip – Angle 2			
	Strip – Angle 3			
	Strip – Angle 4			
	Strip – Angle 5			
	Vine – Angle 1			
	Vine – Angle 2			
	Vine – Angle 3			
	Vine – Angle 4			
	Vine – Angle 5			

Defensor Method Level 1C Test				
Skill / Concept			Score	Comments
Knife				
	Grips			
		SakSak		
		Pakal		
	Palosut			
	Panastas			
	Dungab			
	Knife Tapping			
		Single Tapping		
		Double Tapping		
		Knife Tapping Sumbrada		
	Hubad Lubad			
		Basic		
		Pass		
		Hambak		
		Shoulder Stop		
	Disarms Out of Hubad			
		Snake		
		Strip		
		Vine		
Pentjak-Silat				
	Take Downs (Any 3 Takedowns)			
		Puter Kapala		
		Reverse Puter-Kapala		
		Figure 4 and walkthrough		
		Head Control and Throw		
		Armdrag		
		Head to Pocket		
		Arm Pendulum		
		Bizet Dahlem		
		Bizet Luar		
		Sapu Dahlem		
		Sapu Luar		
		Other: _____		

Defensor Method Level 1C Test				
Skill / Concept			Score	Comments
Basic Rules of Knife fighting				
	#1	Run away		
	#2	Always use a weapon		
Street Fighting Techhniques				Very painful, good for breaking from locks or otherwise softening up opponent
		Eye Poke/Songab		
		Throat Punch		
		Pinching/Biting		
Principals				
		Honor Instructor		very very important
		Train in Three's		expand skills by utilizing differences in timing, styles, reaches, skills, etc...
		Centerline Energy		
		Concept of inside/outside		
		Arc of Power		
		Zero Pressure		
		Angles of Attack		
		Emphasis is on practical self defense.		Daily drills focus on real situation. Only previously experienced students will appreciate the theoretical knowledge at this stage. Making the system appear practical to the novice should be the focus.